

## Patient Exam Preparation Instructions:

# Parathyroid – Single Isotope and Parathyroid Scan with Technetium Thyroid Scan

If you are pregnant, may be pregnant, or are breastfeeding, contact the University Radiology office where you are scheduled.

### Day of Your Exam:

- Arrive at least 15 minutes prior to your test.
- You can eat normally.
- You may take your normal medications.
- You will be given an injection of a radioactive material and imaging will begin immediately. The amount of radioactivity is very low, safe, and requires no special precautions after the exam is complete.
- The total appointment will take approximately three to four hours.
- During imaging you will be required to lie flat on your back, without moving.
- Wear comfortable clothing for this exam without metal snaps, buttons or zippers.
- Jewelry and other metallic accessories should be left at home if possible.
- Drink plenty of fluids after the exam (again unless your doctor has you on fluid restriction).

### Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: [UniversityRadiology.com](http://UniversityRadiology.com)

### Bring your prescription, insurance card, and photo ID

They are required for this procedure.

### Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

### Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

### PreAuthorization

This exam may require prior authorization from your insurance provider before we can perform the study. Speak with your referring physician's office and/or insurance company to understand your coverage and reduce possible delays.

### Questions?

Call **800-758-5545**